WHEN YOUR WORLD FALLS APART Pt 1 of 2

Harlyn Matson Oct 7, 2018

1. UNLOAD ALL OF MY FRUSTRATIONS ON GOD.

"I cannot find peace; I cannot remember happiness. I tell myself I am finished. And I can't count on the Lord to do anything for me." Lamentations 3:17-18 (TEV)

2. TURN MY FOCUS FROM MY PAIN TO GOD'S LOVE.

"The thought of my pain and my homelessness is bitter poison. I think of it constantly, and my spirit is depressed. Yet <u>hope</u> returns when I remember this one thing: The Lord's <u>unfailing</u> love and mercy still continue, fresh as the morning, as sure as the sunrise. The Lord is all I have, so in him I put my hope." Lamentation 3:19-26 (TEV)

"The Lord is merciful and will not reject us forever. He may bring us sorrow, but <u>His love for us is sure and strong</u>. He takes no pleasure in causing us grief or pain." Lamentation 3:31-33 (TEV)

My Action Items:

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