

# WHEN YOUR WORLD FALLS APART Pt 2 of 2

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## 1. UNLOAD ALL OF MY FRUSTRATIONS ON GOD.

## 2. TURN MY FOCUS FROM MY PAIN TO GOD'S LOVE.

## 3. GET ALONE WITH GOD AND WAIT.

*"Be still and know that I am God." Ps 46:10 (NKJV)*

*"When life is heavy and hard to take, go off by yourself. Enter the silence. Bow in prayer. Don't ask questions: Wait for hope to appear." Lamentation 3:28-29 (MSG)*

*"Find a quiet, secluded place so you won't be tempted to role-play before God. Just be there as simply and as honestly as you can manage. The focus will shift from you to God, and you will begin to sense God's grace." Matthew 6:6*

*"The Lord is good to everyone who trusts in him, so it is best for us to wait in patience—to wait for him to save us." Lamentation 3:25-26 (TEV)*

## 4. I CHANGE THE THINGS THAT I CAN CHANGE.

*"Let us examine our ways and test them, and let us return to the Lord." Lamentation 3:40 (NIV)*

**Personal Evaluation:** (Scale of 1-10 list why and what the challenges are and how you can improve.)

- My Relationships with others?
- My Priorities?
- My Attitudes?
- My Integrity?
- My Mind?
- My Money?
- My Possessions?
- My Body?
- My Family?
- My Mission?
- Am I walking in faith?

*“My enemies threw me into a pit and dropped stones on me. The water flowed above my head, and I cried out, ‘This is the end!’ But I called on your name, Lord, from deep within the well, and you heard me! You listened to my pleading; you heard my weeping! Yes, you came at my despairing cry and told me, ‘Do not fear!’” Lamentation 3:53-57 (NLT)*

**5. I ASK GOD TO RELIEVE MY FEARS.**

*“I called on your name... you listened to my pleading... you heard my weeping... You came at my despairing cry and you told me ‘Do not fear!’” Lamentation 3:55-57 (NLT)*

*“I prayed to the Lord and he answered me, freeing me from all my fears.” Psalm 34:4*

*“I would have despaired when my world fell apart unless I had believed [there’s the trust] that I would see the goodness of the Lord in the land of the living.” Psalm 27:13*

*“Therefore, if any man be in Christ, he is a new creature: the old is passed away; the new is come.” 2 Corinthians 5:17*

**6. I MUST EXPECT JESUS TO RESTORE MY LIFE.**

*“Restore us, O Lord, and bring us back to you again! Give us back the joys we once had!” Lamentation 5:21 (NLT)*

**Personal Evaluation:** (Scale of 1-10 list **why** and **what** the challenges are and **how** you can improve.)

1. **My Relationships with others?**
  - Why?
  - What?
  - How?
2. **My Priorities?**
  - Why?
  - What?
  - How?
3. My Attitudes?
4. My Integrity?
5. My Mind?
6. My Money?
7. My Possessions?
8. My Body?
9. My Family?
10. My Mission?
11. Am I walking in faith?