

**2021 (Pt 2)**  
**ALL Things New**  
**Understanding our soul**  
180 Church | Jan 17, 2021  
Harlyn Matson

Romans 8:6 “To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace.”

Matthew 16:26 “For what will it profit a man if he gains the whole world and forfeits his **soul**? Or what shall a man give in return for his **soul**?”

Mark 4:3-9 (Jesus) “Listen! Behold, a sower went out to sow. **4**And as he sowed, some seed fell along the path, and the birds came and devoured it. **5**Other seed fell on rocky ground, where it did not have much soil, and immediately it sprang up, since it had no depth of soil. **6**And when the sun rose, it was scorched, and since it had no root, it withered away. **7**Other seed fell among thorns, and the thorns grew up and choked it, and it yielded no grain. **8**And other seeds fell into good soil and produced grain, growing up and increasing and yielding thirtyfold and sixtyfold and a hundredfold.” **9**And He said, “He who has ears to hear, let him hear.”

## The 'Soil' is the 'Soul'

### ***Questions To Ponder:***

1. If a healthy soul is all about integrity between your mind, body, and will, how would you rate the health of your soul? What kinds of things keep you from having greater integrity in your life?
2. When in your life have you felt like you have damaged your soul? When have you been lacking in integrity?
3. How have you experienced the different soils/soul conditions in different seasons of your life?
4. Which soil/soul condition do you most relate to at this period in your life?
5. Pastor Harlyn said that when we recognize a lack of integrity in our lives, we often make excuses or justify things that we've done. Do you have an example of this from your own life? What might it have looked like for you to live with integrity in that situation? How would that have affected your soul?