

OLD MADE NEW - Pt 12
“Take A Seat”
Pastor Harlyn - 180 Church
May 15, 2022

Leviticus 23:1-2 “The LORD spoke to Moses, saying, ²“Speak to the people of Israel and say to them, These are the appointed feasts of the LORD that you shall proclaim as holy convocations; they are my appointed feasts.

“ _____ ” – Season/Appointed times/Pattern/Rhythm

Leviticus 23:3 “Six days shall work be done, but on the seventh day is a Sabbath of solemn rest, a holy convocation. You shall do no work. It is a Sabbath to the LORD in all your dwelling places.”

The _____

Exodus 34:21 “Six days you shall work, but on the seventh day you shall rest. In plowing time and in harvest you shall rest.”

Numbers 15:32-36 “While the people of Israel were in the wilderness, they found a man gathering sticks on the Sabbath day. ³³ And those who found him gathering sticks brought him to Moses and Aaron and to all the congregation. ³⁴ They put him in custody, because it had not been made clear what should be done to him. ³⁵ And the LORD said to Moses, “The man shall be put to death; all the congregation shall stone him with stones outside the camp.” ³⁶ And all the congregation brought him outside the camp and stoned him to death with stones, as the LORD commanded Moses.”

Exodus 20:8-11 “Remember the Sabbath day, to keep it holy. ⁹ Six days you shall labor, and do all your work, ¹⁰ but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates. ¹¹ For in six days the LORD made heaven and earth, the sea, and all that is in them, and rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.”

Genesis 1:31 “And God saw everything that he had made, and behold, it was very good.”

Genesis 2:1-3 “Thus the heavens and the earth were finished, and all the host of them. ² And on the seventh day God finished his work that he had done, and he rested on the seventh day from all his work that he had done. ³ So God blessed the seventh day and made it holy, because on it God rested from all his work that he had done in creation.”

1. God _____

Exodus 20: 2 “I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery.”

2. Our _____ Is Not As Important As We Think It Is.

Exodus 16:27-29 “On the seventh day some of the people went out to gather, but they found none.”

Exodus 16:28-29 “And the LORD said to Moses, “How long will you refuse to keep my commandments and my laws? ²⁹ See! The LORD has given you the Sabbath; therefore on the sixth day he gives you bread for two days. Remain each of you in his place; let no one go out of his place on the seventh day.”

Matthew 6:25-26 “Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? ²⁶ Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?”

Matthew 6:30 “But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith?”

3. _____ Controls The Outcome

Luke 10:38-42 “Now as they went on their way, Jesus entered a village. And a woman named Martha welcomed him into her house. ³⁹ And she had a sister called Mary, who sat at the Lord’s feet and listened to his teaching. ⁴⁰ But Martha was distracted with much serving. And she went up to him and said, “Lord, do you not care that my sister has left me to serve alone? Tell her then to help me.” ⁴¹ But the Lord answered her, “Martha, Martha, you are anxious and troubled about many things, ⁴² but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her.”

Psalm 46:10 “Be still and know that I am God. I will be exalted among the nations; I will be exalted in the earth!”

_____ – Shabbat – “To cease/stop what you were doing.” Shevout – “_____”

LOOK IN:

1. In what ways do you ignore rest and recovery, exchanging it for overwork and stress? Is this a comfortable pattern you have created in your life? Why is, or why isn't it comfortable?
2. What needs does the Bible teach are God's responsibility (food and clothing from Matthew 6, for example) but you think you need to take control of these? Do your part? Offer your addition or input?
3. Examine the rhythms in your life so you can see clearly what IS happening. But, what IS NOT happening in your life? Sometimes the material things help us to understand what is void or absent.
4. It is so important for us to be aware of what our soul needs and it's in times of rest that we can hear how the Lord wants to heal us in our rest. How do you practice rest and self-care?