

## Miracles Then & Now | The Secret of Satisfaction

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John 6

### The meaning of satisfaction

Merriam-Webster's Definition

a: fulfillment of a need or want

b: the quality or state of being satisfied : CONTENTMENT

c: a source or means of enjoyment : GRATIFICATION

### The #1 cause of most trouble in our society today is

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#### *Proverbs 27:20*

*Just as Death and Destruction are never satisfied, so human desire is never satisfied.*

#### *Ecclesiastes 1:8*

*8 Everything is wearisome beyond description. No matter how much we see, we are never satisfied. No matter how much we hear, we are not content.*

#### *Ecclesiastes 2:24-26*

*24 So I decided there is nothing better than to enjoy food and drink and to find satisfaction in work. Then I realized that these pleasures are from the hand of God. 25 For who can eat or enjoy anything apart from him? 26 God gives wisdom, knowledge, and joy to those who please him.*

### Why do Christians struggle with discontentment?

### What is the secret for learning contentment and finding satisfaction?

#### *John 6:31-35*

*31 After all, our ancestors ate manna while they journeyed through the wilderness! The Scriptures say, 'Moses gave them bread from heaven to eat.'” 32 Jesus said, “I tell you the truth, Moses didn't give you bread from heaven. My Father did. And now he offers you the true bread from heaven.*

*33 The true bread of God is the one who comes down from heaven and gives life to the world.” 34 “Sir,” they said, “give us that bread every day.”*

*35 Jesus replied, “I am the bread of life. Whoever comes to me will never be hungry again. Whoever believes in me will never be thirsty.*

***Philippians 4:11-13***

*11 Not that I was ever in need, **for I have learned how to be content** with whatever I have. 12 I know how to live on almost nothing or with everything. **I have learned the secret of living in every situation**, whether it is with a full stomach or empty, with plenty or little. 13 **For I can do everything through Christ, who gives me strength.***

**Action** – Pray and ask the Holy Spirit to reveal the sources of our discontentment and lack of satisfaction, write them down as they come to mind.

1. Confess the sources of your lack of satisfaction
2. Repent from your lack of gratitude for God's promise to supply all your needs
3. Pray the Holy Spirit will fill you will contentment and inner peace